



New Futures Nepal

Fundraising trek in the **Himalayas**

9th-20th February 2011
(dates may be subject to slight variation)



- A 11 Day trip with 6 days trekking
- A gentle/moderate trek to a maximum altitude of 3,800m
- Accommodation in hotels and trek lodges
- You will visit Kathmandu and trek to Thyagboche in the Everest region of the Himalayas, experiencing the beauty and culture of Nepal.
- The money you raise will improve the lives of disadvantaged and disabled children and adults of Nepal.
- To secure your place a registration fee of £400 is required
- To experience this trek you will need to raise a minimum sponsorship of £2,800 (total=£3,200)

For **more information** or to obtain a **booking form** or if you require any advice regarding your application please email Tracey Burge the trek organiser info@newfuturesnepal.org or call on 01842810399.